

How to Undo Years of Stress and Pain... Without Exercise, Surgery or Drugs

Reno, NV, Date -- Allergies, headaches, stress, aches and pains...all part of life, right? Well, according to Dr. Tony McCormick you can get rid of these health problems without drugs, exercise or dieting.

How? By reminding your body how to heal itself.

Let me explain...

Your body is naturally designed to be a self-healing machine. That's why when you cut yourself, your body forms a scab, then new skin.

So if we're self-healing, why do we still get sick? Dr. McCormick explains, "Modern life constantly bombards us with toxins, pollution and especially stress. All this slows your body from healing as well as it could."

Dr. McCormick continues, "Then your natural healing ability continues to weaken because years of toxin and stress buildup creates tension in your body. If ignored, this tension locks into your vertebrae, ligaments and tissues and eventually develops into health problems like frequent colds, anxiety, chronic diseases, allergies and joint pain."

Like most things medical, there's an ironic twist to all this. If you keep this built up tension in your body, it causes health problems. But you can actually use this tension to heal physical and emotional health issues too.

Dr. McCormick does this by harnessing your body's tension then uses it to remind your body how to heal itself. And like a scab forming over a wound, you naturally heal without any effort on your part. The healing technique Dr. McCormick uses is called Network Spinal Analysis™ (NSA).

NSA consists of gentle touches (called contacts) applied strategically along your neck and spine. These contacts involve a form of energy healing (think acupressure) to penetrate deeply into your tension source. Most patients say the contacts are so gentle, they don't even feel them. But most patients quickly notice significant health improvements and a feeling of deep relaxation.

Using NSA, Dr. McCormick successfully helped patients with issues ranging

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from depression to arthritis and even cancer. He said, “When you allow your body to release stress, it heals. So you reduce pain, strengthen your immune system and recover from injury faster.”

Sounds good but does it really work? A University of California, Irvine study of 2,818 people reported 76% saw improvements in all categories including physical, mental, response to stress, and overall quality of life. A whopping 99% wished to continue NSA care. So there’s something to this after all.

Here’s another bonus: NSA isn’t expensive. At \$30 per session, people can afford this service even without insurance. Compared to a typical doctor’s visit, NSA is quite a bargain.

Dr. McCormick just joined the team at Circle of Life Spa in Reno. To schedule a free consultation, call 775-825-7727.

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Dr. McCormick is a chiropractor who emphasizes the energetic and spiritual aspects of health and healing. He is one of only 219 doctors in the world (10% of all NSA doctors) to pass all of the exams in NSA. Dr. McCormick graduated Summa Cum Laude from the University of Nebraska at Omaha (1st in his Pre-Med class); graduated Magna Cum Laude from Cleveland Chiropractic College.